

CONTACT: Melissa Pogue/Lauren Eisele  
Middleton & Gendron, Inc.  
(212) 284-9937/(212) 980-9192  
mpogue@mg-pr.com/leisele@mg-pr.com

## **Vail Mountain Lodge & Spa Facts at a Glance**

ADDRESS: 352 East Meadow Drive  
Vail, CO 81657

TELEPHONE: (970) 476-0700 or (888) 794-0410

WEBSITE: [www.vailmountainlodge.com](http://www.vailmountainlodge.com)

LOCATION: Vail Mountain Lodge & Spa is nestled in the heart of Vail Village along the banks of beautiful Gore Creek, just minutes from the legendary slopes of Vail Mountain.

DESCRIPTION: Vail Mountain Lodge & Spa is a thoughtfully appointed retreat for active travelers, offering a bespoke guest experience and the relaxed ambience and intimacy of a treasured bed and breakfast. The boutique hotel is distinguished by Vail's most spacious lodge rooms, the award-winning Terra Bistro restaurant, state-of-the-art Vail Athletic Club, The Spa at Vail Mountain Lodge featuring healing and holistic treatments on the banks of Gore Creek, and a prime mountain location just steps from world-class ski slopes – all of which combine to promote a healthy mountain lifestyle. With just 27 accommodations and a strong service commitment, the Lodge affords a highly personalized guest experience.

ACCOMMODATIONS: A \$25-million renovation has brought well-thought-out luxury to the Lodge's 20 expansive guest rooms and seven two- and three-bedroom condominium units. All have been refurbished with a great attention to detail and comforts that range from gas fireplaces and soaking tubs to heated floors and

luxurious feather beds that surround guests in downy comfort. Amenities include:

- Gas fireplace
- Comfortable chairs for fireside lounging
- Deep soaking tubs with separate standing showers
- Bathroom floors with adjustable heating
- CD player/clock radio/iPod docking station
- Wireless Internet access
- HD flat screen television with DVD player
- Refrigerator
- Plush robe and slippers

#### DINING:

The critically acclaimed Terra Bistro reflects the active Vail lifestyle in menus that showcase the culinary artistry of Executive Chef Kevin Nelson. Wholesome organic cuisine inspired by Southwest, Mediterranean and Asian cultures is complemented by a *Wine Spectator* award-winning wine list and presented under a soaring, 25-foot ceiling with views of Gore Creek framed by floor-to-ceiling windows. A crackling fireplace and vintage ski photos add to the atmospheric charms of the dining experience, which has earned notice from *Gourmet* and *The New York Times*.

Terra Bistro is open for dinner and “Appy Hour” daily, and its “Thousand Year Breakfast” is a weekend favorite of Vail residents and guests alike.

#### SPA:

The intimate Spa at Vail Mountain Lodge is one the finest in Vail Valley, offering an extensive menu of holistic massages, facials and signature treatments delivered by top-tier practitioners. Its 13 treatment rooms and full-service salon are complemented by a soul-cleansing solarium with inspired Gore Creek views.

Pure botanicals and essential oils by Dr. Hauschka are incorporated into the spa’s restorative treatments and 10 signature services. Three pampering day packages include a spa lunch catered by Terra Bistro.

The spa’s focus on fitness as an integral part of rejuvenation has led to the creation of an exclusive

women's fitness challenge – the Mountain Divas program – and other innovative programming in concert with the Lodge's full-service fitness center, the Vail Athletic Club.

#### FITNESS:

The Lodge's Vail Athletic Club is the valley's finest full-service health and fitness facility, offering 18,000 square feet of state-of-the-art fitness equipment; Mountain Lotus Yoga Studio, Pilates and spin studios; and the area's only indoor rock climbing wall. The Club challenges guests and members to "get in here to get better out there," and its staff of experts, many of whom are professional athletes themselves, work with each individual to reach his or her fitness goals and enhance performance, whether on the slopes or in everyday life.

#### MEETINGS AND EVENTS:

Terra Bistro is an ideal choice for special celebrations and small, high-powered business events. With its stunning Gore Creek views as a backdrop, the restaurant can accommodate groups of up to 140 indoors, and warm-weather gatherings on the patio. A private dining room, the Mountain Room, seats up to 35, and two semi-private dining rooms accommodate 35 and 70.

#### CLIMATE:

At 8,150 feet above sea level, Vail's high mountain setting affords cold winters – with an average of 200 inches of snowfall each season – and pleasantly warm summers marked by cool mountain breezes that typically keep temperatures comfortably in the 70s. Vail receives 300 days of sunshine each year.

#### AREA ATTRACTIONS:

With 5,289 acres of skiable terrain, Vail Mountain enjoys a well-deserved reputation as America's top ski resort. But its pleasures extend far beyond ski season to warm-weather pastimes that draw active travelers and epicureans alike. They include:

- Snowshoeing
- Cross-Country Skiing
- Backcountry Cat Ski Trips
- Spa Experiences
- Championship golf

- Mountain and Road biking
- Hiking
- Rock climbing
- Fishing
- Horseback riding
- White-water kayaking
- River rafting
- Warm-weather festivals, including Taste of Vail and the Vail Film Festival
- Bravo! Music Festival
- Vail International Dance Festival
- Shops and galleries in Vail Village

AWARDS:

*Condé Nast Traveler* Gold List 2008  
*Wine Spectator* Award of Excellence  
*Vail Daily* Readers' Poll: Best Restaurant, Best Facial

GENERAL MANAGER:

Frank W. Johnson

EXECUTIVE CHEF:

Kevin Nelson

SPA DIRECTOR:

Lisa DeKoster

OPERATOR:

Founded in 1992, KSL Resorts manages seven time-honored resorts with outstanding recreational amenities, including spa, golf, tennis and ski. Each is refined yet unpretentious, rich in legacy, and genuine in service. The KSL Resorts are:

- Hotel del Coronado (San Diego, CA)
- Beach Village at The Del (San Diego, CA)
- La Costa Resort and Spa (Carlsbad, CA)
- Rancho Las Palmas Resort & Spa (Rancho Mirage, CA)
- Vail Mountain Lodge & Spa (Vail, CO)
- Barton Creek Resort & Spa (Austin, TX)
- The Homestead (Hot Springs, VA)

###